GENERAL

# interior and exterior angles of polygons worksheet

Published: September 3, 2026 | Index ID: #-

## Interior and Exterior Angles of Polygons Worksheet: A Complete Guide

When students first encounter geometry, the concepts of interior and exterior angles can feel intimidating. Yet they are foundational to understanding shapes, proving theorems, and solving real world problems. A well designed worksheet that focuses on interior and exterior angles of polygons helps learners grasp these ideas through practice, reflection, and application.

This article offers a deep dive into the theory behind interior and exterior angles, explains how to calculate them, and provides a step by step approach to creating and using worksheets that reinforce learning. Whether you're a teacher preparing lesson plans, a parent helping with homework, or a student looking for extra practice, this guide will give you the tools you need to master the topic.

## What Are Interior Angles?

Interior angles are the angles that lie inside a polygon, formed by two adjacent sides. For example, in a triangle, each interior angle is the angle between two of its three sides. In a quadrilateral, each of the four interior angles is formed by a pair of adjacent sides.

Understanding interior angles is essential because:

- They determine the shape's internal geometry.
- Their sum is a key property used to prove other geometric results.
- They are used in architectural design, computer graphics, and many engineering calculations.

### Sum of Interior Angles Formula

The sum of the interior angles of any **n sided polygon** can be found with a simple formula:

1. Subtract 2 from the number of sides: n - 2.
2. Multiply the result by 180°: (n - 2) × 180°.

For example, a pentagon (5 sides) has a total interior angle sum of:

**(5 - 2) × 180° = 3 × 180° = 540°.**

When a polygon is regular (all sides and angles equal), each interior angle is simply the total sum divided by the number of sides.

### Calculating Individual Interior Angles in Regular Polygons

For a regular polygon:

1. Use the sum formula to find the total interior angle sum.
2. Divide the sum by the number of sides (n).
3. The result is the measure of each interior angle.

Example: A regular hexagon (6 sides).

Total sum: **(6 - 2) × 180° = 4 × 180° = 720°.**

Each interior angle: **720° ÷ 6 = 120°.**

## What Are Exterior Angles?

Exterior angles are formed by one side of a polygon and the extension of an adjacent side. Visualize standing at a vertex and looking outward; the angle you see between the side you're on and the extended adjacent side is the exterior angle.

Exterior angles are useful because they:

- Provide an intuitive understanding of how a shape turns.
- Sum to a constant value regardless of the number of sides.
- Help in navigation and robotics for turning angles.

### Sum of Exterior Angles Formula

The sum of the exterior angles of any polygon is always:

**360°.**

It does not matter if the polygon is regular or irregular; the exterior angles always add up to 360°. This property holds for both convex and concave polygons, provided you measure each exterior angle on the outer side of the polygon.

### Calculating Individual Exterior Angles in Regular Polygons

For a regular polygon:

1. Use the exterior angle sum (360°).
2. Divide by the number of sides (n).
3. The result is each exterior angle.

Example: A regular pentagon (5 sides).

Each exterior angle: **360° ÷ 5 = 72°.**

## Connecting Interior and Exterior Angles

Each interior and exterior angle pair at a vertex are supplementary, meaning they add up to 180°. This relationship can be expressed as:

**Interior angle + Exterior angle = 180°.**

Using this property, you can quickly find one angle if you know the other.

### Example Problem

Find the interior angle of a polygon if one of its exterior angles measures 30°.

Solution: **Interior = 180° - Exterior = 180° - 30° = 150°.**

## Why Use a Worksheet?

Worksheets are a tried and true method for reinforcing learning. They provide:

- Structured practice that guides the student through problem solving steps.
- Immediate feedback through answers or solution keys.

- Assessment data for teachers to identify misconceptions.
- Variety of question types (multiple choice, fill in, short answer) to keep engagement high.

When focused on interior and exterior angles, worksheets help students:

- Memorize the sum formulas.
- Apply formulas to different polygons.
- Develop geometric reasoning.
- Translate real world scenarios into mathematical problems.

## How to Design an Effective Interior and Exterior Angles Worksheet

Creating a worksheet that balances challenge and clarity involves careful planning. Follow these steps to ensure your worksheet is both educational and engaging.

### 1. Define Learning Objectives

Start by specifying what you want students to achieve. Possible objectives include:

- Recall the formulas for sum of interior and exterior angles.
- Calculate individual angles in regular polygons.
- Determine missing angles in irregular polygons.
- Apply supplementary angle relationships.

### 2. Choose a Variety of Question Types

Mix question formats to cater to different learning styles:

- Multiple choice for quick checks.
- Short answer for calculation practice.
- Fill in the blanks to test specific values.
- Diagram based questions where students label angles.
- Word problems that require translating real situations into geometry.

### 3. Organize Questions by Difficulty

Structure the worksheet so that early questions build confidence, and later ones test deeper understanding. A typical progression might be:

1. Recall formulas (e.g., write the sum of interior angles for a hexagon).
2. Compute individual angles in regular polygons.
3. Find missing angles in irregular polygons.
4. Apply supplementary relationships.
5. Word problems with multiple steps.

### 4. Provide Visual Aids

Include labeled diagrams for questions that require angle identification. Clear visuals help students focus on the mathematical relationships rather than getting lost in drawing the shape.

### 5. Include a Solution Key

Offer a separate answer key that explains each step. This encourages self study and allows teachers to quickly grade worksheets.

### 6. Offer Extensions and Challenges

For advanced learners, add problems that involve:

- Calculating angles in concave polygons.
- Exploring polygons with holes (e.g., donut shapes).
- Using exterior angles to determine the number of sides.
- Applying angle sums to solve real  world geometry puzzles.

## Sample Interior and Exterior Angles Worksheet

Below is a ready  to  use worksheet that covers a range of difficulty levels. Use it in class, assign it as homework, or adapt it for online quizzes.

### Section 1: Basic Recall

1. What is the sum of the interior angles of a triangle?
2. What is the sum of the exterior angles of any polygon?
3. Write the formula for the sum of interior angles of an n  sided polygon.

### Section 2: Regular Polygons

1. Calculate each interior angle of a regular pentagon.
2. Determine each exterior angle of a regular octagon.
3. A regular decagon has interior angles of what measure?

### Section 3: Irregular Polygons

1. In a quadrilateral, one interior angle measures 110°. If the sum of interior angles is 360°, find the other three angles.
2. Given a hexagon with interior angles of 120°, 150°, 140°, 130°, 110°, and 90°, verify that the sum is correct.
3. In a pentagon, the interior angles are 100°, 120°, 140°, 90°, and x. Find x.

### Section 4: Supplementary Relationships

1. If an exterior angle of a polygon is 45°, what is the measure of the corresponding interior angle?
2. In a regular hexagon, each interior angle is 120°. What is the measure of each exterior angle?
3. A triangle has one exterior angle of 120°. What is the measure of the corresponding interior angle?

### Section 5: Word Problems

1. A garden is shaped like a regular hexagon. If each side is 10 meters long, what is the measure of each interior angle? Explain how this helps in designing the pathways inside the garden.
2. A construction company needs to build a pentagonal roof. If the roof’s exterior angles are all equal, what will be the angle at each corner? Discuss why this information is critical for material estimation.
3. During a navigation exercise, a robot turns 90° at each corner of a rectangular room. How many turns will it make before returning to its starting point? Relate this to the sum of exterior angles of a rectangle.

## Answer Key

Below is a concise answer key for the worksheet above. For detailed explanations, refer to the solution guide provided with the full lesson plan.

### Section 1: Basic Recall

1. 180°
2. 360°
3. (n - 2) × 180°

### Section 2: Regular Polygons

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